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For more information contact Jane Millar at 231.487.1771

Bullying Activity Book

Thanks to the support of four local Kiwanis Clubs (Boyne City, Charlevoix, Harbor Springs and Little Traverse Bay), Northern Community Mediation (NCM) created an anti-bullying, activity workbook for kindergarten through fifth grade students. Executive Director Jane Millar is in the process of distributing the workbooks to each of the elementary schools within the Charlevoix-Emmet Intermediate School District service area. So far she has met with the staffs at Blackbird Elementary, Charlevoix Montessori Academy, Concord Academy Petoskey, Ellsworth Elementary, Lincoln Elementary, St. Francis Elementary, St. Mary in Charlevoix, and Shay Elementary.

Bullying Hurts Everyone uses questions such as “What is Bullying?” “Have you ever seen someone being bullied?” and “How do you think that person felt?” to encourage the students to talk openly about the impact of bullying. It then leads into the idea that people can be *bystanders* or *upstanders* when they see someone being bullied. When *bystanders* see bullying, they just stand by, walk away, stand and watch, or do nothing. On the other hand, *upstanders* stand up. They try to stop the bullying or get an adult to help stop it, and they are kind to the person being bullied.

Students in Mrs. Daniel’s third-grade classroom at St. Francis Xavier School used the activity book as a start to this discussion about bullying. Then, each student got to color in his/her activity book.

Northern Community Mediation is a non-profit organization that provides an alternative means of resolving conflict. Trained mediators, who meet with the parties involved in a dispute, facilitate so that the individuals themselves can resolve the conflict

Anyone interested in obtaining copies of the activity book or learning more about Northern Community Mediation should contact Dr. Jane Millar at 231.487.1771.

Pictured front row left to right: Will Marshall, Evan Attie, Ethan Smock, Jaxon Miller, Celine Gergle, Vianna Beebe. Pictured back row left to right: Matthew Parker, Reese Hoffman, Adriana Nguyen, Jackson Kanine, Olivia Bielaczyc, Mia Wilson

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